



Alymerton Residential

An outdoor adventure!

24th- 28th October 2016



Why Aylmerton and a residential?

- Links directly with the Yr 4 topic of 'Blue Abyss' – studying the coast and the oceans.
- Centre specialises in field study, and outdoor experiential learning.
- Fantastic opportunity for children to develop their confidence in a safe environment.
- Opportunity to complete a geographical place study of Cromer and see how it is different to home.

Costs of trip

- The trip costs £215
- We need a £65 non returnable deposit by 2nd December 2015
- 5 payments of £30 (last payment July 2016)
- Spending money. Absolute maximum of £10.
There are only a two opportunities to spend any money – disco night and the museum shop.

Departure and Arrival.

- Leave school around 8:30am, arrive approx 11am. Children will need to bring own packed lunch on departure day.
- Leave Aylmerton around 12:00 pm, arrive approx 4:30pm.
- Children will need to carry own bags so don't make them too heavy! They also need to be securely fastened named very clearly.

Monday

am

- Departure for Aymerton

pm

- Environmental investigation West Runton beach.
Investigation of rockpools, fossils, glacialiation and erosion

Evening

- Wildlife Talk – Birds of Prey



Tuesday

am

- Study of Cromer all day
- Visit to museum,
Town trail
Church visit

pm

Evening

- Twilight Safari in grounds of Felbrigg Hall



Wednesday

am

- Ferry Trip to seal island and Blakeney point



pm

- Marsh Habitat investigation walk to watch house and nature reserve.



Evening

- Bowling party!

Thursday

am

- Team Building activities



pm

- Orienteering in the woods. Split into groups with a member of staff. Watch out for Orc attacks!



Evening

- Disco

Friday

am

- Team activities



pm

- Depart for Kibworth



Accommodation

- Boys and Girls dorms with bunk beds. Children assigned rooms by teacher
- Adult accommodation is directly next door to rooms!
- Bedtime will be no later than 9pm, final lights out 9.20pm
- Children can get up from anytime after 7:00am
- Children will be expected to wash/shower daily.
Basically organise themselves and be healthy.

What kit do you need?

- ONLY SEND OLD CLOTHES!
- One cool outfit for disco!
- Water proof coat/clothing
- Comfortable /sturdy walking shoes.
- LABEL EVERYTHING! TWICE



Food

- Breakfast plenty of it, cereals, english breakfast and toast.
- Pack up is sandwiches, drink, fruit, snack bar and crisps . There is a range to choose from.
- Evening meal plenty of it, a starter, main and desert. We get what we are given.
- All food allergy requirements are catered for.

Medical Needs

- A member of staff will be responsible for any medicines. Hand over on the Monday with instructions.
- Inhalers, epi-pens etc will be carried with us at all time.
- Specific issues we need to know about make an appointment to discuss with us when convenient.

Final words

- The office needs the non returnable deposit by 2nd December 2015. This cannot be extended.
- A minimum of 5 Adults will be attending teachers and 2 other staff.
- Open evening the week before departure to discuss any details.