



## School Newsletter

5th February 2021

Issue: 19

For general enquiries - [office@dsatkibworth.org](mailto:office@dsatkibworth.org)

For online learning support - [itsupport@dsatkibworth.org](mailto:itsupport@dsatkibworth.org)



Wow! What a week it has been. I have been overwhelmed by the breadth of opportunities that the children have had in our Wellbeing Week. I have been so proud of how much children, staff and parents have joined in and ensured that, even in lockdown, the week has been a such a success. Of course, we have a huge Thank You to say to the amazing Kibworth Wellbeing Team and everyone who has given their time to help organise or provide sessions for us. I would personally like to thank Rachel, Sarah, Jo and Danielle who have made such an effort to ensure that this year's events could take place.

Thank you also to everyone who found time to fill in our remote learning survey. Many of you took the opportunity to thank our staff for their determination to do their absolute best for the children. I have passed on your thanks to the individuals you mention. As a staff team we have also taken on board your suggestions and you will see small changes happening to the offer where this is achievable. I will give further feedback on this in the next newsletter when I have been through all the suggestions.

This week our Board of Advisors chair, Rob Woolston, and his deputy, Simon Riley, joined us for our leadership meeting and for the termly BoA meeting. I think the whole board does an excellent job of both challenging and supporting the school. You still have a few days to vote in our Parent Advisory Board Member ballot. Please follow [this link](#)

This week saw the very sad death of Captain Sir Tom Moore who lifted our spirits during the first lockdown by walking laps of his garden to raise almost £33m for NHS charities. After walking the 100<sup>th</sup> lap, he said: "For all those people who are finding it difficult at the moment: the sun will shine on you again and the clouds will go away." I think that seeing all the children's Wellbeing Waves and hearing that we are hopefully past the peak of the pandemic will remind us all of those inspiring words.

### Year 4– Wellbeing Wave

The Year 4 children in school this week have made some beautiful Wellbeing waves which have now gone home to be displayed around the village along with the ones done by their friends working from home. Here are just a few of them.



### Reading Raffle



We believe reading is the key to all learning. Well done everyone who read last week and entered.

Last week's winner was:

**Arthur in 2W**

To enter next weeks Raffle remember to read 5 times and share your Reading Diary with your teacher. Good Luck!

### Year 2– Wellbeing Week

Year 2 have had a super week enjoying all of the Wellbeing activities set for them! We quickly discovered that Year 2 certainly does have talent with lots of amazing entries to the 'Express Yourself' challenge. From amazing artwork, to singing, dancing and even some comedy thrown in, their teachers thoroughly enjoyed it all! The children also created some lovely Wellbeing Waves, a super class performance of the poem 'Feelings' and entered lots of tasty recipes into the Healthy Eating Competition. In one of our FRIENDS sessions, it was lovely to see such kind compliments that the children had for their friends, families and teachers! Well done Year 2!



### Engagement Stars

We are very proud of the efforts children and parents are making to continue learning. We know everyone is doing their best to attend and take part in lessons.



Last week's Engagement stars were:



**Year 6**

**Year 5**

**Year 2**

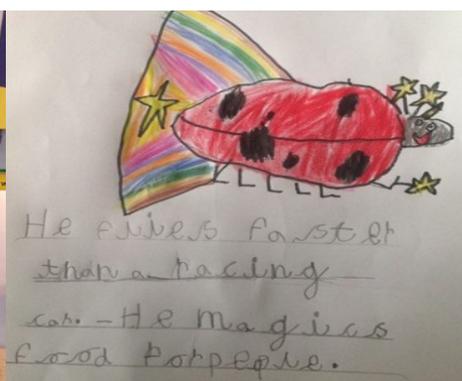
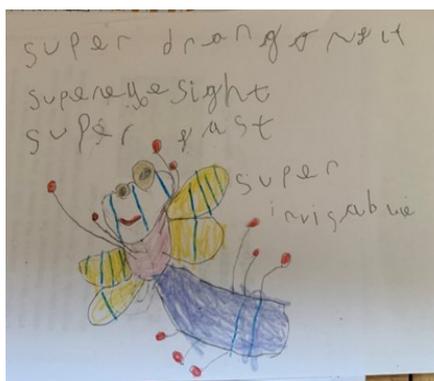
## Year 4 - Meditation

Also in school, the children have been really enjoying the daily meditation sessions. Lexi says; "I like meditation because it is relaxing and calm. It makes me feel relaxed and makes me fall asleep. Doing meditation clears your head so you are ready to do your lessons. And Os says; I find meditation fun and relaxing. If I am sad, it helps not to think about it and it calms me down. Here they are meditating!"



## Year 1

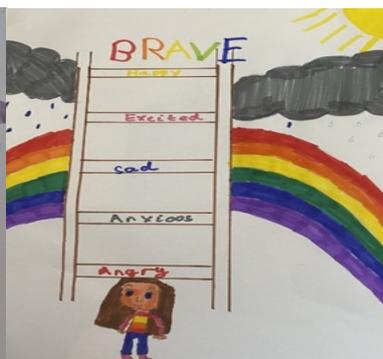
Year 1 have been working super hard this week to write their story of "Supertato" with all of our Year 1 magical writing ingredients. Miss Kemp taught the children how to draw Supertato and Evil Pea in a step by step video which the children loved. The other text we have been looking at is Superworm and each Friday Mrs Rowe has been setting the children a new challenge to complete. The last challenge the children did was to create their very own "super insect". Year 1 have really enjoyed well-being week and in our Science learning we have been thinking about our bodies, our senses and what super-skills we can do with our bodies. The children saw some of the teachers "superskills" too! Mrs Torpey and her amazing gymnastics! Mrs Wade and her super singing and Mrs Rowe and her beautiful baking. It was brilliant to see all of Year 1's "superskills".



## Year 3 - Feelings Ladders

For wellbeing week, Year 3 have been thinking carefully about how we can keep our bodies and minds healthy! The children have all enjoyed the meditation, relaxation and yoga sessions and understand the importance of looking after our physical and emotional wellbeing. Year 3 have been expressing themselves through performance poetry and have recorded a class poem. Well done to everyone for using expressive voices and actions to record their lines!

Throughout the week, we have completed some Friends sessions where we have been focussing on our thoughts and feelings. The children were able to talk about how they might feel in different situations and why they might feel that way. We discussed that it's important to recognise and understand different emotions! The children then created their own 'feelings ladder' which showed lots of the emotions that we can feel and how we might move between them throughout the day.



## Wellbeing Week Feedback



We asked a number of children and staff for their views on wellbeing week and what they like to do for their own wellbeing. Here are their responses!:

### What have you enjoyed the most in wellbeing week and why?

"I loved doing wakey shakey and Mr K's P.E—it was fun." Malak Y1

"I have loved toast and read in the mornings—it makes it a nice calm and quiet start to the day." Joseph Y5

"I loved the Squiggle game because it was fun, you could take your pen for a walk and see what you could turn the squiggles into." Stanley Y3

"I loved doing the wellbeing wave because I love drawing and colouring." Maisie Y4

"I loved the wellbeing wave because it is bringing lots of joy to people." Edith Y5

It was fun doing the wellbeing dance." Alfie Y1

### What do you like to do for your own mental health and wellbeing?

"I love time to myself to chill out in my room." Luke Y3

"I like to go on lots of walks to the countryside and look at the sky—it makes my head feel nice!" Mrs Scott

"I love to escape in a good book and read." Miss Craven

"I love to play boardgames with my brother and dad before bed—last night we played Skylander." Joseph Y5

"I love to play outside in the fresh air." Billy Y3

"I like to paint—especially painting by numbers." Maisie Y4

"I love to read and have set myself a challenge to read 30 books!" Miss Mason

### What are you looking forward to doing again after Lockdown and hopefully the return to more normal life?

"I can't wait to play with my friends because I've missed them." Nancy Y3

"I am looking forward to going for a long walk by the sea as this is good for my wellbeing." Miss Hyman

"I can't wait to get back to football training and matches as this makes me feel good." Luca Y5

"I can't wait to see my nanny as I miss her." Luke Y3

"I would love to be back at school and see my friends as I miss school and my friends." Stanley Y3



## Reading for Wellbeing

The Reading Agency has announced a new scheme "Read, Talk, Share" tackling loneliness and supporting mental health during the Covid pandemic. This is supported by their "Reading Well" and "Reading Friends" schemes. These schemes support people's wellbeing by using the power of reading. They have produced 3 booklists to support mental health and wellbeing across all age groups. The books are chosen by health experts and people living with mental health conditions as well as with the help of children and families for the children's booklist. More information can be found [HERE](#) and the these links to the book lists:

[Reading Well for children](#) [Reading Well for mental health](#)  
[Reading Well for young people's mental health](#)

## Cooking Competition

This has been a huge success! So much so that we have extended the closing dates for entries until Thursday 11th February.

If you would like to enter please send a photo of your delicious treats to your teacher!



## Safer Internet Day

Safer Internet Day is next week with the theme this year of "An internet we trust: exploring reliability in the online world" We will be doing some work to support this and more information can be found [HERE](#)

## PE Stars

This week, the PE team has launched a Sports Card - Sports Raffle scheme.

Children will be awarded a Sport Card for demonstrating sport values such as fair play, resilience, respect, sportsmanship, teamwork, inclusion. PE teachers will be awarding children for these skills. Pupils who do PE at home can send a photos, videos or write a message to their teachers what they've done in terms of their PE.

Class teachers will choose a student and award them with a Sports Card. All children who received Sports Card will be entered into Sports Raffle and a chance to win sports equipment to support them with their active lifestyle, such as basketballs, footballs and skipping ropes! Good luck everyone! [This weeks winners were Blake FSM and Alfie 4H](#) well done!



Mr Kostecki

## Year 5– If by Rudyard Kipling

In year 5 this week, we have enjoyed Wellbeing Week and have focussed on the poem 'If' by Rudyard Kipling. This poem is an inspirational poem that provides advice on how one should live one's life. The poem takes the reader through various ways in which the reader can rise above hardships they will face in life. One stanza that caused a lot of discussion was:

'If you can make one heap of all your winnings  
And risk it on one turn of pitch-and-toss,  
And lose, and start again at your beginnings  
And never breathe a word about your loss;'

We said that this provides a great message to be resilient even if you have previously failed. Some children have sent in fantastic recording of themselves reading this poem aloud. They have read it with excellent expression to help get the emotions across.



Happy  
Birthday!

Year 6

Amelie and Jeannie

Year 5

Ollie

Year 4

Maisie, Rhys and Seth

Year 3

Iris

Foundation

Harvey

## Foundation Stage - Wellbeing Week

During wellbeing week, Foundation Stage have been using poems and stories as a stimulus for exploring their feelings and emotions. We started off the week by looking at a poem called 'You' which explored the theme of how we are all unique and special. We then looked at the story 'The Colour Monster' to explore feelings and how feelings can be represented by colours.

The children create some amazing 'colour jar' pictures and drew their favourite colour monster. On Wednesday, we had a rainbow day! We read a lovely book called 'The World Made a Rainbow' to explore how we may be feeling during lockdown and how we can use acts of kindness to help people smile. We finished off the week by reading the story 'The Worrysaurus' which linked in with our dinosaur topic and helped us to explore how we can overcome worries and anxieties. The children made their own 'worry monsters' and 'happiness boxes'.



## Year 6 - Arctic Descriptions

Arctic Setting by Alfie



As my boots crunched in the powdered snow, I felt the sun burning on my neck. High above me, the last of the morning sun was illuminating the landscape; the bejewelled brilliance was a wonder to behold. The snow lay white and shimmered on the distant mountains which rose to meet the sky- cracked and carved by the magic of nature. I continued slowly forward on my journey, gazing in awe at the magnificence around me. I could hear the heavenly silence as the morning sun faded away.

## Year 6 - Express Themselves!

Year 6 have been Expressing themselves this week. Both staff and pupils have been showing their talents. These two examples are from Rosie and Mrs Pinborough and showed a different skill on the same theme.

